EST. 1972 COUSINS SUBS

# WE BELIEVE IN BETTER

## 1 CHOOSE YOUR SUB

## 2 SELECT BREAD OR BOWL

ITALIAN • MULTI-GRAIN (16/32 ADDED CAL)
PARMESAN ASIAGO (111/222 ADDED CAL) • GARLIC HERB (1/2 ADDED CAL)

## 3 ADD ADDITIONAL TOPPINGS

| DRESSINGS | ADDED CAL |
|---|---|
| MAYO | 202/404 |
| OIL | 132/264 |
| RED WINE VINEGAR | 3/6 |
| BROWN MUSTARD | 14/28 |
| MARINARA | 14/28 |
| RANCH | 161/322 |

| TOPPINGS | ADDED CAL |
|---|---|
| LETTUCE | 4/8 |
| SPRING MIX | 5/10 |
| TOMATOES | 6/12 |
| GREEN PEPPERS | 3/6 |
| PICKLES | 4/8 |
| BLACK OLIVES | 16/32 |
| CUCUMBERS | 3/6 |

| | ADDED CAL |
|---|---|
| ONIONS | 6/12 |
| JALAPEÑOS | 3/6 |
| HOT PEPPER RELISH | 5/10 |
| SALT | 0 |
| OREGANO | 1/2 |
| BLACK PEPPER | 0 |

| EXTRA TOPPINGS | ADDEDCAL |
|---|---|
| CHEESE | 80-114 |
| BACON | 80/160 |
| DOUBLE PORTION | 370-1160 |
| DOUBLE PORTION CHICKEN/STEAK SUB | 710-1030 |

PROUDLY DAIRY WISCONSIN

PROUDLY CHEESE WISCONSIN

2,000 calories a day is used for general nutrition advice, but calorie needs vary. written nutrition information is available upon request.

# GRILLED TO ORDER

CHOICE OF
CHICKEN OR STEAK

### WISCONSIN CHEESE STEAK
Chicken 680/1320/490 cal Steak 690/1340/500 cal
BACON, CHEDDAR CHEESE, SAUTÉED ONIONS & CHEDDAR CHEESE SAUCE

### CHEESE STEAK
Chicken 460/920/280 cal Steak 470/940/290 cal
PROVOLONE, LETTUCE, ONIONS, TOMATOES & SALT

### PHILLY
Chicken 530/1060/340 cal Steak 550/1100/360 cal
AMERICAN, SAUTÉED GREEN PEPPERS & ONIONS

### BACON CHEDDAR
Chicken 530/1060/350 cal Steak 550/1100/370 cal
BACON, CHEDDAR, LETTUCE, ONIONS & TOMATOES

### DOUBLE CHEESE STEAK
Chicken 710/1420/530 cal Steak 740/1480/560 cal
DOUBLE CHICKEN OR STEAK AND PROVOLONE, LETTUCE, ONIONS, TOMATOES & SALT

# CLASSICS

### CLUB
590/1180/210 cal
HAM, TURKEY BREAST, PROVOLONE, LETTUCE, ONIONS, TOMATOES, OREGANO & MAYO

### ITALIAN SPECIAL
780/1560/410 cal
CAPPACOLLA HAM, COTEGHINO BOLOGNA, GENOA SALAMI, PROVOLONE, LETTUCE, ONIONS, TOMATOES, SALT, OREGANO & OIL

### PEPPERONI MELT
640/1280/260 cal
HAM, PEPPERONI, PROVOLONE, LETTUCE, ONIONS, TOMATOES, OREGANO & MAYO

### MEATBALL & PROVOLONE
710/1420/520 cal
MEATBALLS, PROVOLONE & MARINARA SAUCE

### TUNA
580/1160/400 cal
BLEND OF TUNA & MAYO, LETTUCE, ONIONS, TOMATOES & OREGANO

### BLT
600/1200/220 cal
BACON, LETTUCE, TOMATOES & MAYO

# DELI FRESH

### HAM & PROVOLONE
550/1100/180 cal
HAM, PROVOLONE, LETTUCE, ONIONS, TOMATOES, OREGANO & MAYO

### TURKEY BREAST
470/940/90 cal
TURKEY BREAST, LETTUCE, ONIONS, TOMATOES, SALT & MAYO

### VEGGIE
290/580/110 cal
PROVOLONE, SPRING MIX, CUCUMBERS, GREEN PEPPERS, ONIONS & TOMATOES

### ROAST BEEF & CHEDDAR
670/1340/290 cal
ROAST BEEF, CHEDDAR, LETTUCE, ONIONS, TOMATOES, SALT & MAYO

### CHICKEN CHEDDAR DELUXE
680/1360/300 cal
SLICED CHICKEN BREAST, BACON, CHEDDAR, LETTUCE, ONIONS, TOMATOES & MAYO

# SIDES

## FRIES
**Regular** 240 cal **Large** 470 cal
**Add Cheese Cup** 96 cal

## WISCONSIN MAC & CHEESE
**Cup** 290 cal **Bowl** 410 cal

## WISCONSIN CHEESE CURDS
**Regular** 680 cal **Large** 1380 cal

## CHIPS
210-310 cal

## FRESH BAKED COOKIES
180-200 cal per cookie

## BROCCOLI CHEESE SOUP
**Cup** 140/240 cal **Bowl** 240/380 cal

# SUB IN A BOWL

## MAKE ANY SUB, A SUB IN A BOWL
**ALL BOWLS ARE SERVED OVER SPRING MIX**

# CRISPY CHICKEN

## CRISPY CHICKEN SUB
710/1420/430 cal

## CRISPY CHICKEN TENDERS
**3-Piece** 410 cal **5-Piece** 680 cal

## CRISPY CHICKEN BASKET
**INCLUDES 3-PIECE TENDERS & REGULAR FRIES**
640 cal

# DRINKS

## FOUNTAIN DRINK
**Regular** 0-300 cal **Large** 0-480 cal

## BOTTLED BEVERAGE
0-240 cal

## SHAKES
**Small** 510/650/530 cal **Regular** 770/970/860 cal
**VANILLA/CHOCOLATE/STRAWBERRY/MINT**

## FLOATS
320-560 cal
**ROOT BEER OR SODA**

# CATERING

## PARTY PACK
**INCLUDES 20-PIECE PARTY BOX, 2 BAGS OF PARTY CHIPS & DOZEN COOKIES**

## DOZEN COOKIES

## PARTY CHIPS

## PARTY BOX
**12-PIECE** **20-PIECE**

## BOX LUNCH
**7½" SUB, CHIPS & COOKIE**

Advance notice appreciated on catering orders. Menu items and individual ingredients may vary by location. Prices subject to change without notice.




11-26

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